

Supporting information, also known as 'further evidence', helps our health professionals to understand how your health condition or disability affects you.

It is really important to send as much information as possible at the start of your claim. Information we find useful is anything specific to you and your condition rather than generic information.



This short guide explains what type of information we find useful.

Key things to remember:

- Any information about how your health condition or disability affects you is useful.
- It does not just have to be medical – information from the people who know how your health condition or disability affects you, such as friends, family members and support workers, is very important too.
- **Only send information or documents you already have available to you.**
- **Don't request any information for which you might have to pay a fee, such as a letter from your GP.**
- **Do not delay** sending your form back because you are waiting for more information – send what you already have.
- Include contact details for **everyone** involved in your care on your form.
- Put these in order of those who know you the best. It doesn't have to be medical professionals it can be anyone who understands your condition.
- If we need extra information, we may contact those listed on your form.

Examples of what we find useful are listed below. We have also listed information which isn't very useful as further evidence.

Information you could send	Information you do not need to send
• Current repeat prescription list • Carers diary or letter • Hospital discharge or outpatient clinic letters about your condition or diagnosis and treatment • Reports or care/treatment plans from professionals who have treated or cared for you, e.g. ○ Occupational therapist ○ Physiotherapist ○ Community psychiatric nurse (CPN) ○ Social worker ○ Learning disability support team	• Appointment cards or letters • Hospital admission letters • Factsheets about your condition • Factsheets about medication you are taking • Information about tests you are going to have • Bus or train tickets to appointments you have attended • Directions or maps to appointments you have attended • Information you have sent to DWP before for PIP

Remember, **do not pay** for any medical evidence. If we need extra information, we may contact those listed on your form.

If you have any questions about supporting information, please [contact us](#).