

Health Assessment Advisory Service

Cardiff Assessment Centre



Address

Capita
2nd Floor
40 Windsor Place
Cardiff CF10 3BW

Opening times

9:00am to 5:00pm

Notes from this Centre

There is Pay and Display on-street parking on Windsor Place, including a limited number of Blue Badge spaces. These can get busy.

Enter the building by pressing the buzzer for Capita, located to the left of the entrance. An automatic door leads into the centre, with a lift directly ahead. Take the lift to the second floor and let reception know you have arrived for your appointment.

Access is step-free and at pavement level. All assessment rooms are on the second floor, and there is an accessible toilet.

Please note that mobility scooters are not recommended due to the size of the lift. If you have concerns, contact us in advance.



Directions by train

There are two train stations nearby, but the closest is Cardiff Queen Street Station (CF5 4AA), just 0.2 miles (3-minute walk) from the centre.

Exit the station and turn right along Station Terrace. Continue past Greggs, then turn left onto Queen Street. Turn right onto Windsor Place - the centre is on the right.

Cardiff Central Station (CF10 1EP) is also accessible, located 0.8 miles (15-minute walk) away.

For train service details, visit <https://www.nationalrail.co.uk/stations>.



Directions by bus

Bus routes serving the centre include:

- Dumfries Road Stop HX (CF10 3GA) – 500 ft (150 metres) from the venue: X3, X11, X16, 10, 11, 41, 44, 44S, 45, 45B, 49, 50, 52, 56, 57, 58, 61
- Stop HD 30 (CF10 3DE) – 400 ft from the venue: M2

For bus service information visit www.traveline.info.



Directions by car

The Capitol Shopping Centre (CF10 2HQ) is located directly opposite the assessment centre and is approximately 400 ft (120 metres) away.

It offers Pay and Display parking, including Blue Badge bays.

Details correct at the time of print, September 2025.

The Health Assessment Advisory Service provided by
Capita on behalf of the Department for Work and Pensions



www.haas.capita.co.uk/en